



HOPE
BEGINS
HERE



Zepf Center is a non-profit comprehensive behavioral health center for both adults and youth. We strive to treat the whole person through integrated and evidence-based treatment. Our mission is to create hope, wellness, recovery and career development through our services and community partnerships.

WHAT IS ZEPF RECOVERY HOUSING?

Recovery Housing provides an alcohol and drug-free living environment, peer support, and connection to recovery assistance for people with substance use disorders. Recovery Housing newly sober people with the time and support needed to change behaviors as they move from a culture of addiction to one of recovery. It's a place where people fit in, have common experiences and goals and can be authentic without having to explain their addiction or recovery needs.

WHO IS RECOVERY HOUSE FOR?

- Men and women ages 18 and over with substance dependence problems.
- Individuals who are in recovery, who are also in need of housing.
- Individuals in need of a sober living environment in order to successfully recovery from Alcohol or Other Drug problems.

CONTACT ZEPF CENTER TODAY.

419.841.7701



WHAT IS REQUIRED OF RESIDENTS?

- Detox must be completed first, if needed.
- Must meet with a Case Manager on a weekly basis to explore individualized referral needs such as treatment, vocational, and legal.
- Attendance at sober support meetings based on Recovery Plan.
- Voluntary submission of random urine and breathalyzer screens.
- Taking prescribed medications, if needed.
- Participation in Community Living.

WHAT DO WE PROVIDE?

- A recovery-based, safe, supportive and structured living environment.
- In-House AA/NA meetings.
- Three meals a day.
- Case Managers who help in setting up outpatient treatment and psychiatric appointments.
- Support to help residents find jobs or continue with their education.
- Fully furnished rooms, a dining area, a TV lounge and an exercise room.

WHAT CAN A RESIDENT ACHIEVE DURING THEIR STAY?

- Enhanced life skills.
- A strong sobriety plan.
- Relapse prevention skills.
- A social living environment and a recovery network that will support sobriety.
- Case Management support.
- Self care skills, including access to medical care, dental care, and the ability to get and keep a job.

WHERE IS THE RECOVERY HOUSE?

2465 Collingwood Blvd., Toledo, OH 43620

TO LEARN MORE VISIT

www.zepfcenter.org

